

# FALL PROTECTION SYSTEM CHECKLIST

Each component of a personal fall arrest system must be inspected before each use and in additional increments recommended by the manufacturer. During inspection, any component of the fall protection system that is marked as "Fail" must be removed from service. Contact manufacturer to determine if device is repairable or should be destroyed. You can use this form for this inspection reporting.

## WHAT TO LOOK FOR

## PASS / FAIL

### FULL-BODY HARNESS

**Hardware:** Includes D-rings, buckles, keepers and shoulder harness. Inspect for any damage, alterations, burrs, cracking and corrosion.

Pass  
 Fail

**Comments:** \_\_\_\_\_

**Webbing:** Inspect for cuts, burns, tears, fraying, excessive staining and discoloration.

Pass  
 Fail

**Comments:** \_\_\_\_\_

**Stitching:** Inspect for any cut or loose stitches.

Pass  
 Fail

**Comments:** \_\_\_\_\_

**Labels:** Inspect, making certain all labels are securely held in place and are legible.

Pass  
 Fail

**Comments:** \_\_\_\_\_

### SNAP HOOKS AND CARABINERS

**Physical damage:** Inspect closing / locking mechanism, that it locks into place without assistance and is free from significant cracking, sharp edges or burrs.

Pass  
 Fail

**Comments:** \_\_\_\_\_

**Excessive corrosion / Rust:** Inspect for corrosion, which may affect the strength or integrity of the device.

Pass  
 Fail

**Comments:** \_\_\_\_\_

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## WHAT TO LOOK FOR

## PASS / FAIL

**Markings:** Inspect that marking(s) stamped or printed by manufacturer are legible.

- Pass  
 Fail

**Comments:** \_\_\_\_\_

## LANYARDS / SHOCK-ABSORBING LANYARDS

**Hardware:** Inspect double-locking snap hooks, carabiners, adjusters, keepers, thimbles and D-rings. Check for damage, sharp edges, burrs, cracking, excessive rust, and proper operation / engagement of device based on manufacturer recommendations.

- Pass  
 Fail

**Comments:** \_\_\_\_\_

**Webbing:** Inspect for cuts, burns, rips, fraying, excessive staining and discoloration.

- Pass  
 Fail

**Comments:** \_\_\_\_\_

**Stitching:** Inspect for pulled, damaged or cut stitches.

- Pass  
 Fail

**Comments:** \_\_\_\_\_

**Synthetic rope:** Inspect for holes or burns, knotting, excessive staining, cuts and discoloration. For SRLs, pull rope all the way out and inspect that it self-retracts without any problems.

- Pass  
 Fail

**Comments:** \_\_\_\_\_

**Energy-absorbing component:** Inspect for excessive stretching, cuts, burns and/or staining or oil saturation.

- Pass  
 Fail

**Comments:** \_\_\_\_\_

**Labels:** Inspect that marking(s) stamped or printed by manufacturer are legible and in good order.

- Pass  
 Fail

**Comments:** \_\_\_\_\_

**EMPLOYEE SIGNATURE** \_\_\_\_\_

**SUPERVISOR SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_

**HARNESS NAME / #, MANUFACTURER** \_\_\_\_\_

## OUTCOME - IF DAMAGE FOUND AND REMOVED FROM SERVICE

(Sent to manufacturer for repair or replacement; trashed and not replaced, etc.)

\_\_\_\_\_  
\_\_\_\_\_